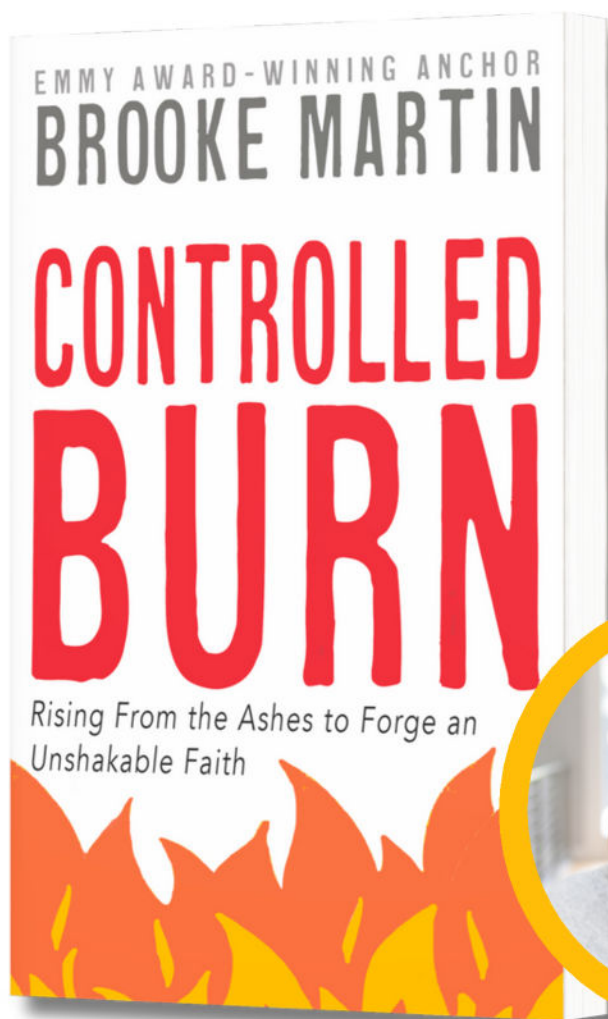


DISCUSSION GUIDE



5.5 x 8.5 PB 224 pp. \$19.95

BROOKE MARTIN is an Emmy-winning anchor and reporter. For fifteen years, Brooke told the community's stories and asked the hard questions of those in charge. But none impacted her more than her own. Brooke is now working to show others how life's fires have the ability to bring new growth, greater beauty, and everlasting hope. Brooke lives in Zionsville, Indiana, with her husband, Cole, and her two children, Max and Marlowe. You can find them at their church, Antioch Indy, or biking on one of Zionsville's beautiful trails. *Controlled Burn* is her first book.



What if life's fires can not only be controlled but can also spur new life? In *Controlled Burn*, Emmy-winning news anchor and reporter Brooke Martin helps readers navigate their own fires with purpose and emerge stronger than before. *Controlled Burn: Rising From the Ashes to Forge an Unshakable Faith* weaves together invaluable advice, spiritual insights, and raw truths learned from Brooke Martin's greatest trials, offering readers guidance to walk through life's fires and come out unburned..

**“THIS STORY OF HEALING
WILL QUENCH YOUR
SOUL AS YOU REST AND
BELIEVE IN MORE FOR
YOUR LIFE.”**

**—LINDA ZNACHKO,
FOUNDER OF HE KNOWS
YOUR NAME**

DISCUSSION QUESTIONS

- Q1.** What compelled you to pick up this book? Was there anything in particular you were hoping to gain through reading this book?
- Q2.** Think of a time when you found yourself in the midst of unprecedented suffering. How did God show Himself during that time? How did that experience bring you closer to Him or help you to know Him better?
- Q3.** “In response to my plea for what was next, God didn’t directly answer my question. I asked for instruction, and instead, He handed me an invitation.” How do you differentiate between instruction from God and an invitation from God?
- Q4.** How does the imagery of a controlled burn contribute to the overall message of this book? What strategies can you use to harness the fires in your life for opportunity and regrowth as opposed to destruction?
- Q5.** The author notes the weeds and sin share many common traits: “both grow quickly, are stubborn, and can be deceptively attractive.” What weeds are currently growing in your life?
- Q6.** In Chapter 6, the author explores the long-asked question, Why does a good God allow bad things to happen? How has this book deepened your understanding of the answers to this question? Are there any areas where you still have doubts or reservations in regards to this?
- Q7.** The author notes that “culture has so conditioned many of us to recoil at the touch of negative emotions that we no longer give ourselves permission to feel them.” How has this impacted your ability to process grief or difficult circumstances?
- Q8.** The redeeming quality of a “controlled burn” lies in the guaranteed positive results. While we can’t know everything that lies ahead, what promises from God give you hope and confidence in the power of a controlled burn?
- Q9.** Boundaries are critical in creating a successful controlled burn. What boundaries have you applied to your own life? Are there any boundaries you want to begin implementing?
- Q10.** What is your biggest takeaway from this book?



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