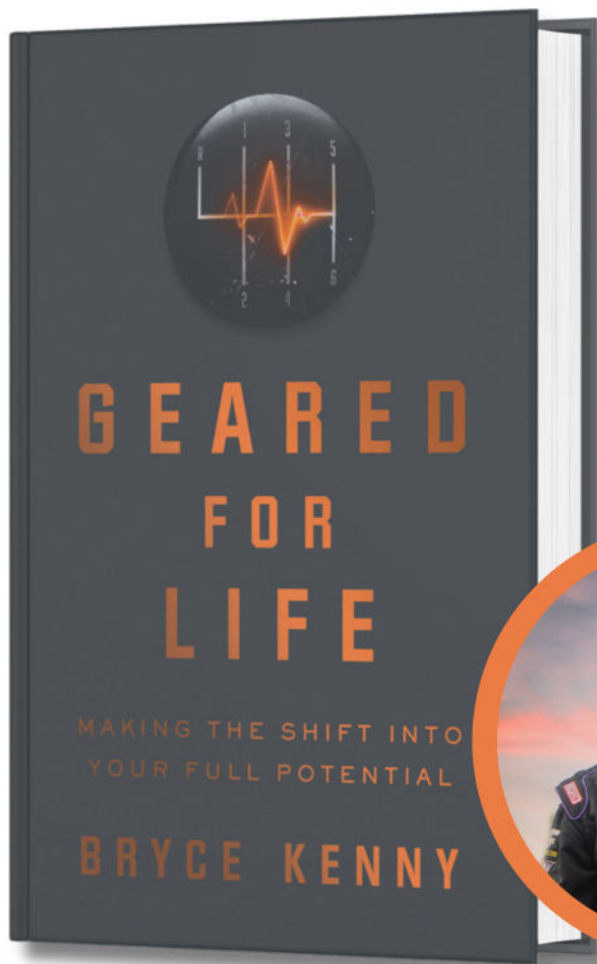


DISCUSSION GUIDE



5.5x8.5 HC 256 pp. \$26.95

BRYCE KENNY is a professional Monster Jam driver as the Great Clips Mohawk Warrior. Since his 2016 debut, Bryce has earned multiple awards including the 2021 Outreach Award for his work helping those in need and making positive contributions to the community. In March 2022, Bryce launched his non-profit Live Like Warriors in order to help people who are struggling. He lives in Kernersville, NC, with his family.

The pressure to succeed can be overwhelming, yet sometimes it paralyzes us into settling for less. Bryce Kenny is here to help you rise up to the challenge and make the impact you've always wanted. A well-written guide for anyone seeking to reject a life of monotony and overcome the fear of failure, *Geared for Life* is a motivating and energetic guide that will equip you to fight for a life of purpose and accomplish your wildest dreams. You are a warrior and you have what it takes to be great!

"GEARED FOR LIFE IS A STEP-BY-STEP GUIDE FOR ANYONE WANTING TO LIVE A MEANINGFUL LIFE AND IGNITE THEIR PASSIONS AGAIN."

-CRISS ANGEL, STAR OF MINDFREAK

DISCUSSION GUIDE

- Q1.** Was there a time in your life where things didn't go as planned or you felt like you were "crashing"? How did this experience help you course correct or propel you forward into other opportunities?
- Q2.** Kenny notices that we often try to work on improving our weaknesses, as opposed to embracing the things we are already good at. What skills do you already have that you can use to harness your full potential?
- Q3.** How do you typically respond to failure? Now that you've read *Geared for Life*, how has your perspective on failure changed? Will you respond differently to failure moving forward?
- Q4.** Kenny notes that having a target or vision for your life is critical. What vision do you currently have for your life and your future? What steps do you need to take to achieve this vision?
- Q5.** How do you take care of yourself and refuel when your tank is running low? How often do you find yourself needing to refuel?
- Q6.** What would you describe as your purpose? How does your purpose drive you, as opposed to just your passion?
- Q7.** Do you have someone in your life who you would identify as a mentor? If so, how have they impacted your life? If not, what value do you see in having a mentor?
- Q8.** How do you serve as a "crew member" for others in your life? Is there anyone in your life right now that you know could use some extra support? How can you serve on their "pit crew" in their time of need?
- Q9.** With where you find yourself right now, what is the next "shift" you need to make in your life?
- Q10.** How has reading this book impacted your goals for your future and how you will approach achieving them?



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